

THE BEST TIME TO PREPARE FOR BREASTFEEDING? *Pregnancy.*



We should prepare for breastfeeding in the same way we prepare for birth. So, even if your baby hasn't arrived, it's not too early to start getting ready. A prenatal lactation consultation can help — **93%** of parents who had a prenatal consultation said it contributed to their breastfeeding success.

International Board Certified Lactation Consultants (IBCLCs) are the highest accredited lactation experts and are uniquely qualified to care for you and your baby. Your IBCLC can provide a personalized prenatal consultation to discuss your medical history, address your breastfeeding questions, and involve key supportive people in your breastfeeding plan.

WHAT IS TLN?

The Lactation Network (TLN) is the nation's largest network of IBCLCs, connecting families with insurance-covered lactation consultations and resources they need to thrive.

HOW TLN CAN HELP YOU

At TLN, we believe that lactation care is a human right and that every family deserves expert lactation support. Our IBCLCs provide compassionate, inclusive breastfeeding support for you and your baby for the duration of your journey. **97%** of TLN parents would recommend us to a friend.

WHAT TLN PROVIDES

- ✓ Effortless connection with an available IBCLC for multiple insurance-covered consultations
- ✓ At-home, in-office, and telehealth appointments in all 50 states
- ✓ Unlimited access to educational resources
- ✓ Quick, thoughtful assistance from our 5-star care team

HOW IT WORKS



GET STARTED